PROGRAMME



with



and



MONDAY: 20 MAY 2024

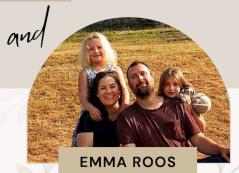
14:00	Arrival & Settle In
16:00	Opening, introductions and group activity
18:00	Dinner
19:00	Chairperson Niklaas Arangies facilitates: creative worship
21:00	Coffee, bonfire and informal conversations

CCSA 46TH ANNUAL CONFERENCE











TUESDAY: 21 MAY 2024

	05:30	Volunatary prayer on the mountain
	07:00	Voluntary prayer in the bush
	08:00	Breakfast
	09:00	Chairperson Niklaas Arangies facilitates small group discussions on: Jesus our rock: Be real - Reflection on your life
	11:00	Refreshments
1	11:30	Speaker Dr Anna Whitehouse presents on: Eco care
	13:00	Lunch
	14:00	Speaker Emma Roos on: Differently abled inclusion
	15:30	Refreshments
	16:00	Panel discussion facilitated by Mr Owen Henderson on: Ministry vs Business - How to do both
	18:00	Dinner table discussions on previous session
	19:00	Annual General Meeting
	19:30	Intern presentations on: What camp looks like with Gen-Z & Gen-Alpha
	20:00	Praise & worship & devotion
	21:00	Coffee, bonfire and informal conversation

PROGRAMME







and



WEDNESDAY: 22 MAY 2024

06:15	Coffee & rusks
07:00	Depart to Sediba Kwele - devotion on the trip
08:30	Arrival and site introduction
09:00	Speaker Lourens Vorster and team on: Hospitality - Hebrews 13:2
10:30	Brunch & Bidfood show
11:30	Speaker Nick Shaw on: Safety awareness - hospitality, camp and activities
13:00	Speaker Dr Pieter Snyman on: Creative new activities - Games in a box
14:30	Refreshments
15:30	Speaker Dr Pieter Snyman on: Real facilitation
17:00	Game drive, zipline and walk
18:30	Dinner
21:00	Return to Extreme Life & worship on the trip

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THURSDAY: 23 MAY 2024

07:00	Voluntary prayer on the mountain
08:00	Breakfast
09:00	Speaker Niklaas Arangies on: Real relationship
10:30	Certificates, closing & departure
13:00	Lunch: Course participants
14:00	Course: The Art of Facilitating Adventurous Experiential Learning

be real with yourself & God be real with others be real with family

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Extreme Life Outdoor Learning Centre

Sediba Kwele

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Tower

Executive members: Niklaas Arangies;
Gert de Bruin; Owen Henderson;
Vyan Easom; Pieter and Janine Snyman and
Anna Whitehouse























NIKLAAS & ISABEL ARANGIES

Niklaas and Isabel Arangies have been married for 19 years and together share in the biggest adventure of raising their four children. A huge ally in this process is the freedom and space of home, Moolmanshoek LDC, where the Arangies clan enjoy the beautiful mountains of the eastern Free State.

They love exploring their back yard on foot or horse back and have been serving together as a couple at Moolmanshoek LDC for the past 20 years. Both Nik and Bella discovered their love for camping at different Summer camp venues in the USA, an experience that both look back on with much fondness and thanks.

They love their marriage and through their own journey, and lots of help, discovered a huge passion in helping other marriages to discover the joy of experiencing heaven at home. At this year's conference Nik and Bella will be speaking on relationships with a special focus on marriage relationships and being real about them.

DEVOTION





Jill's passion in life is to see young people grow and develop in their God given calling and to see them grow as a whole.

She previously worked with young people in Tweeling, Free State and is currently at Wortelgat Outreach Trust in the Western Province.

Jill studies psychology has an Honours degree in Psychology and a Masters in Clinical Pastoral Care and Counselling.





From a young age Emma engaged as a leader in recreational educational programmes while running a Brownie Pack with her mother, for younger girls. After school she joined and took up leadership positions in Rotaract, the youth division of Rotary International. In Rotaract, Emma and her team completed many social benefit projects and during this time Emma also obtained a diploma in Travel and Tourism from Damelin College. Through her connections in Rotary, Emma volunteered for a year at Headway, an organisation devoted to improving the lives of people living with acquired brain injuries.

It was during this time that she recognised the tremendous value that recreational opportunities could bring to people living with a life-altering disability such as an acquired brain injury.

With this dream in the back of her mind, Emma signed up to work as a camp counselor at a summer camp for people with disabilities, in the USA. This adventure saw her completing three summers at Beacon Lodge Camp in Pennsylvania where she was promoted to unit director during her last year.

On returning home, Emma researched far and wide for similar local opportunities but found none. It was then that the audacious idea was birthed: to start a US styled summer camp in South Africa, for people with disabilities. This was 2004, and together with her friend Jackie from the US, Higher Ground was born! Across three provinces, over the past 20 years, Higher Ground (under the directorship of Emma), has conducted many successful and lifechanging adventure holiday programmes for people living with disabilities. Many lessons were learned, friendships forged, fun and growth experienced and immeasurable memories made. One undeniable takeaway has been this: that everyone needs a great holiday to be reminded of what it is to be human, especially those with the daily battle of living with a disability.





Anna has a background in environmental conservation and education, and loves bringing together her passions for God's Word and His world through creation care.

She is married to Chris, a botanist, and together they set up and run Phillipskop Mountain Reserve - a nature reserve and Christian retreat centre - near Stanford, Western Cape.

Anna serves as the EcoCare Co-ordinator for Christian Camping International and on the leadership of Climate Intercessors.

CONTINUITY & SPEAKER





OWEN & SALOME HENDERSON

Owen and Salome both have a rich history and experience both in ministry and private sector. They are a passionate and dynamic couple, with a keen interest in people development. Owen has spent the last 15 years working as Consultant Trainer and Facilitator of Communication and Leadership development programmes for clients in his own business. He is also a director and Shareholder of BPG and BPG Consulting. His passions for the environment was developed when he works as Programme Manager for Conservation International between 2003-2006, and became one of the founding directors of Conservation South Africa, a subsidiary of Conservation International.

Owen and Salome are servant leaders at Wortelgat
Outreach Trust with a heart for ministry and especially
young people. They believe God has called them to impact
people's lives with the transformational message and love
of Christ. They firmly believe in the holistic approach to
people, ministering to body, mind, soul and spirit.
According to John 10:10 "I have come that they may have
life, and have it in all its fullness".





Lourens owns Sediba Kwele near Beestekraal, Brits in the North West Province. He's married to Cindy and they've got two beautiful children. His journey began with studying Tourism at TUT. He then spent time at a Summer school in the USA. Now, he has blended all these rich experiences to create one of the coolest Outdoor Adventure spots up North.

Lourens believes in giving his team the power to run different parts of his business, shifting from "me" to "us."

He is all about making awesome experiences for schools and his crew, leading the way as a servant leader. And for Lourens, customer service is a top priority, aiming to give young people a whole new perspective on life when they head back home.





Nic Shaw is Managing Director of Chrysalis Project South Africa. He has a background in Geography and is a Fellow of the Royal Geographical Society (RGS) in London. He received training from the RGS, the Royal Air Force, and the Duke of Edinburgh Assessor's Scheme (UK) in expedition and excursion safety management; and has specialized in risk management in the outdoors. He is currently in a SATSA working group to establish safety protocols for the South African adventure tourism sector, on a SABS/ISO working group for managing risk for youth and school trips, and Chair of the SABS technical committee for tourism and related services. He has a passion for birds, nature and wild spaces, especially mountains, and is an active mountain rescue practitioner in the Western Cape. He is also a keen mountain biker, trail runner and triathlete. Despite all the adventure stuff, Nic claims that his superpower is being a dad to two daughters, and a loving husband.





Pieter embarked on his transformative outdoor journey back in 1994, when he first encountered the vibrant "camping" scene, uniting youth from diverse cultural backgrounds.

This immersive experience not only instilled in him a profound appreciation for South African people and diversity, but also sparked his lifelong dedication to ministry, educational, developmental and therapeutic pursuits.

Driven by this passion, Pieter pursued studies in education, delving deeper into Challenge Education during his master's degree and ultimately culminating in a PhD in Organisational Leadership, with a specific emphasis on Adventure-Related Experiential Learning.

Today, Pieter channels his passion for purposeful outdoor adventures to inspire both the young and the young at heart alike. As the Executive Head of the Uniting Christian Students Association (UCSA/VCSV) based at Camp Extreme Life, he spearheads the organisation with passion, drive and excitement for the future. Pieter is a partner at the Adventure Institute, and a founding member of SAAIA, he is also serving on the executive of CCSA.

When the sun sets Pieter celebrates life around a fire with his wife Janine and four beautiful children.